



Herons Glen Recreation District

Fitness Center Release

The Fitness Center at Herons Glen Recreation District is not only a place for residents to get healthy and stay healthy, it is a friendly, fun environment for everyone to benefit and enjoy. However, the use of the equipment can be a potentially hazardous activity. Injury and even death may arise from improper use of the equipment or from use by a person not in good health. The Fitness Center is an unsupervised amenity and each person using its equipment assumes all risk associated with the use of the Center. Each person should consult with a physician prior to participating in any strenuous activity in the Fitness Center. The responsibility to use care and to receive medical clearance rests exclusively with the person using the Fitness Center, and such obligations will continue as long as he or she uses the Fitness Center.

Residents agree to indemnify and hold the District harmless from, and expressly waive, any claims for personal injury, loss or damage to property resulting from or in connection with the use of the Fitness Center and its equipment.

Residents are not permitted to use the Fitness Center unless they have read this indemnity and waiver and have indicated their agreement by signing below. Access and use are otherwise prohibited. No guest or invitee is authorized to use the Fitness Center unless he/she has signed the "Sign-In-Sheet" agreeing to release Herons Glen Recreation District on the day they are present and before using the facility or any of the equipment.

Fitness Center Access

Access to the Herons Glen Fitness Center may be gained through the use of an entry card or a key fob system only. Residents requesting fitness center access will be issued a maximum of two personal access cards at no cost and, if desired, will have the opportunity to purchase key fobs for \$15 each. Residents must have a valid ID prior to the issuance of cards or fobs, which are available in the HGRD administration office. If a card is lost, additional cards can be purchased for \$10 each at the HGRD administration office.

By my signature below, I am releasing and agree to indemnify the Herons Glen Recreation District from any and all obligations and liabilities, including injury and death, arising out of my use of the Fitness Center and its equipment.

Signature(s)

Address

Print Name(s)

House Account #

Date

Phone Number

_____ Cards

_____ FOBS (\$15 each)

*The fitness facility is located at 3300 Herons Glen Blvd and will be open daily from 8am to 10pm.
Closed Noon-2:00pm each Wednesday for cleaning.*